

ISHOKA

hair dressing & beauty

treatment menu





The **ISHOKA BEAUTY SALON** is located within the *Albyn Terrace Salon* and is open *six days a week*, offering both *early morning* and *late evening appointments*.

The salon is open to both male and female clients. We would advise you to arrive 15 minutes prior to your appointment to give you time to relax and for us to undertake an in-depth consultation to assess your treatment requirements.

The Ishoka Beauty Salon is a place of peace and relaxation and we would request that mobile phones are switched off.

If cancelling an appointment we request at least 24 hours notice.

Gift vouchers for Ishoka Hairdressing and Beauty are available from the reception along with Ishoka Gift Packages.

Please note beauty prices may be subject to change without notice.

beauty salon

Decléor

DECLÉOR understands that the stresses of modern life can affect well-being, damage skin and accelerate the effects of ageing. To combat this they've developed a 100% natural skincare system that works with your mind as well as your body, keeping your skin hydrated and vital.

Jessica Nails

Promoting the wellbeing of the natural nail, the Jessica philosophy is based on recognising each nail type and treating each nail with specially formulated treatments, so any man or woman can achieve healthy nails with proper care and maintenance.

Geleration by Jessica

The beauty of Jessica, in a gel. With the health of the natural nail in mind, Jessica's GELeration gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail. GELeration is available in 24 of Jessica's most popular colours.

HD Brows

A totally new definition in eyebrow shaping! Using a multi-step procedure including a variety of depilation techniques HD Brows' skills can be used to create the ultimate in 'High Definition Brows'. The HD Brows look is not achieved by any one single procedure, despite taking its lead from the ancient art of threading; it is a combination of seven different procedures that achieve the final result.

Lycon Waxing

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior performance, removing stubborn hair as short as 1mm.

Lash Perfect Extensions

Lash Perfect eyelash extensions provide thickness and length to natural eyelashes thus enhancing the charm and appeal of your eyes.

St Tropez

St Tropez work with the world's biggest stars so they're at the cutting edge of what's hot and what's not, what works and what little tricks make all the difference. Ishoka's Beauty Therapists will give you the very latest hints, tips and master class pointers to ensure that whatever tan you're after - self tan or spray tan, you'll get A-list results, first time, every time.

meet our partners

The perfect gift whatever the occasion. Ishoka gift packages are presented in a beautiful gift box.

Bride To Be

Treatment Time - four hours

- Aroma Radiance Facial
- Body Polish
- Luxury Pedicure
- Luxury Manicure

Beauty Manager: £171.50 SeniorTherapist £158.50

Timeless Beauty

Treatment Time - three hours

- Vital Evidence Facial
- Hot Stone Therapy
- Luxury Manicure

Beauty Manager £140.00 SeniorTherapist £127.00

The Goddess Treatment

Treatment Time - four hours including Luxury Pedicure

- Madagascan Red Island Scrub
- Decléor Aromassage
- Aromaplastie Facial

Beauty Manager £177.50 SeniorTherapist £169.50

Just for Men

Treatment Time - two and a half hours

- Aromaplastie Facial
- Aromatic Massage including Tranquillity Scalp Massage

Beauty Manager £113.50 SeniorTherapist £108.50

Wake Up Call

Treatment Time - two and a half hours

- Madagascan Red Island Scrub
- Energising Decléor Envelopment
- Vital Eyes

Beauty Manager £122.00 SeniorTherapist £108.50

The Indulgence

Treatment Time - three and a half hours

- Hot Stone Therapy
- Decléor Facial
- Luxury Manicure/Pedicure

Beauty Manager £167.00 SeniorTherapist £154.00

What better way to get Summer ready than pampering yourself here at Ishoka Beauty. Whether your looking for a St Tropez Tan or waxing our new summer Packages are designed to cater to your every need in time for the Summer months. Prices start from £64.50.

Simply Deluxe

Treatment Time - one hour fifteen minutes

- ½ leg
- Bikini,
- Underarm and file and polish hands and feet

£64.50

Polished and Pampered

Treatment Time - one and a half hours

- ½ exfoliation
- Eyelash tint and ebwax and file and polish hands and feet

£73.50

Beach Ready and Fabulous!

Treatment Time - two and a half hours

- St Tropez, Pedicure
- Eyelash tint
- File and polish hands

£117.00

Hot Stone Therapy

This deluxe massage using Basalt stones will instil a deep level of calm while relaxing tight muscles, removing blockages and dissolving stress. You will feel renewed and energised through the healing properties of these natural volcanic stones.

	Beauty Manager	SeniorTherapist
30 Minutes	£41.50	£36.50
1 Hour	£61.50	£57.50
1 Hour 30 Minutes	£82.00	£77.00

Swedish Massage

A great way to indulge yourself and totally unwind. An invigorating massage to relax and ease muscles.

	Beauty Manager	SeniorTherapist
Full Body 1 Hour	£50.00	£48.00
Back, Neck and Shoulders 30 minutes	£29.00	£27.00

Aromatherapy

Aromatherapy is a holistic approach to massage. Your therapist will carefully select and blend a mixture of essential oils to maintain and promote your physical and emotional well-being.

	Beauty Manager	SeniorTherapist
1 Hour 15 minutes		£57.00
30 minutes		£32.00

Reflexology

An application of pressure points on specific zones of the feet will improve circulation, ease pain, and relax the body. This ancient treatment can bring about a welcome change and improve overall wellbeing.

	Beauty Manager
1 Hour	£57.00

Decléor Aroma Body Massage

Choose from Relax, Contour, Flow or Sculpt. Every bit of tension is eased from your body with this heavenly massage. Your skin is treated to the incredibly soothing sensation of a warm aromatic balm selected to suit your needs whilst the expert touch of you therapists hands melt away stresses, ease tense and tired muscles and leaves your body renewed with energy.

	Beauty Manager	SeniorTherapist
1 Hour	£65.00	£58.50



Ishoka Beauty Packages

massage

Decléor Aroma Body Envelopments

At the heart of these treatments is a rich, creamy mask full of Essential Oils and Plant Extracts chosen according to your needs and applied all over the body. Whilst the products work their magic, your face or scalp will be relaxed with beautiful aromatic balms.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes	£57.00	£51.50

Aromatic Contour Body Envelopment – Essential oils and Marine Algae rich in minerals breakdown fatty deposits, drain toxins and eliminate excess water retention.

Aromatic Relax Body Envelopment – After a gentle exfoliation, warm Aromatic Relax Balm is smoothed over the body followed by a sumptuous creamy mask leaving a soft silky skin.

Aromatic Flow Body Envelopment – A refreshing and energising treatment to eliminate toxins and remove excess fluid.

Aromatic Sculpt Body Envelopment – Instantly increases the skin's radiance with a unique blend of toning, firming and anti ageing ingredients.

Decléor Perfect Firming Treatment

Perfect for the bust, stomach or any other localized area in need of firming. Zesty butter with extracts of lemon and mango will tone, strengthen and condition slack skin and also skin suffering from stretch marks.

	Beauty Manager	Senior Therapist
45 Minutes	£46.50	£41.50

Decléor Perfect Legs Treatment

The perfect antidote for tired, aching legs this instantly refreshing treatment will put the bounce back in your step.

	Beauty Manager	Senior Therapist
45 Minutes.	£38.00	£35.00

Decléor Perfect Slim

This results driven treatment has been created to slim and contour problem areas such as the hips, thighs and buttocks. Powdered fruit seeds are used to polish the skin, followed on by an intensive massage bespoke to your needs. Your body will be left feeling smooth, firm and toned.

	Beauty Manager	Senior Therapist
1 Hour	£57.00	£51.50

Decléor Aroma Body Silk Glistener

Radiant, bright and petal soft. Your skin will glisten with health and vitality after this natural exfoliation treatment. This is the ultimate skin enhancer.

	Beauty Manager	Senior Therapist
1 Hour	£45.00	£41.50

Madagascan Red Island Ritual

Recover radiance, vitality and soft silky skin with this professional exfoliating treatment using Spicy Fruit Seeds, which stimulate and soften the skin. Then relax with the benefits of a full body massage, which helps to release all tension.

	Beauty Manager	Senior Therapist
1 Hour.	£49.50	£49.50

Decléor Tranquillity Scalp Massage

Drift into deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, décolleté, neck and shoulders and the soothing essential oils enhance the calming experience.

	Beauty Manager	Senior Therapist
30 Minutes.	£35.00	£31.50

Decléor Cleansing Back Treatment

The back is often a neglected area; this complete treatment acts like a facial. A unique diagnostic massage combined with deep cleansing, purifying and balancing essential oils will decongest hydrate and restore clarity leaving the skin clearer, brighter and healthier.

	Beauty Manager	Senior Therapist
45 Minutes.	£45.00	£41.50

Decléor Aroma Foot Relief

Hot towels impregnated with essential oils relax the feet and lower legs before a warm massage balm is applied with a unique reflex point massage. Feet and legs are immediately relaxed; circulation is stimulated leaving your feet feeling fresh and light.

	Beauty Manager	Senior Therapist
30 Minutes.	£30.00	£26.00

Decléor Sumptuous Mother To Be Treatment

When you are about to become a mother you might have concerns, let Decléor take complete care of your skin throughout your pregnancy and for the first few months as a new mum. This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion to ensure you look as radiant as you feel.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes.	£60.00	£55.00



body treatments

body treatments

Decléor has created techniques adapted to your every desire. Each one of our treatments features the distinctive Decléor style, a welcoming back massage and a facial tailored to the specific nature of your skin.

Decléor Classic Aromatic Facial

This multi active, 100% natural treatment is tailored to every skin type. At the heart of this treatment is a mask that has a truly unique and surprising texture. It stimulates and enhances the action of the products applied during the treatment, while moisturising and deep cleansing making this an indispensable treatment step.

	Beauty Manager	Senior Therapist
1 Hour	£48.50	£45.50

Decléor Aroma Expert Facial Treatments

This multi active, 100% natural treatment is tailored to every skin type. At the heart of this treatment is a mask that has a truly unique and surprising texture. It stimulates and enhances the action of the products applied during the treatment, while moisturising and deep cleansing making this an indispensable treatment step.

	Beauty Manager	Senior Therapist
1 Hour	£51.50	£48.50

Aroma Expert Essential – This precision treatment provides an instant and long term response for thirsty skin. The HYDRA FORCE combines fruit powder and flower syrup, which work in synergy to boost and restore moisture balance to reveal a luminous and radiantly beautiful complexion.

Aroma Expert Purify – An intensive balancing treatment, with purifying essential oils of ylang ylang and tea tree that immediately leaves your skin clearer, more luminous and refined.

Aroma Expert Nourish – This nourishing treatment with essential oils of roman camomile, angelica and geranium immediately replenishes lost moisture and reinforces the skins barrier function, enabling it to combat harsh external aggressions.

Aroma Expert Soothe – Using natural essential oils of rose, neroli and petit grain this wonderful calming treatment brings immediate comfort to stressed skin the epidermis is soothed and re-balanced leaving the complexion smooth and cool.

Aroma Expert Radiance – This intensive treatment incorporates vitamin C and harnesses the White Bright complex to reduce the appearance of pigmentation and brighten the entire complexion for a truly radiant complexion.

Aroma Expert Lift - Expression wrinkle smoothing facial
A fusion of nature and science, smoothes the appearance of expression lines and wrinkles. This incredible facial uses the latest innovation and natural ingredients to produce an immediate action on expression lines, to prevent premature appearance of wrinkles. Combining the professional solutions of the powder and water of youth revealing smooth, hydrated and luminous skin.

Aroma Expert Lift - Experience Lifting Intensifier Facial

Re-stimulate your skin with this deeply reviving facial. Saiko, corn and serine extracts impregnated in the revolutionary 'Lissage' melting tablet act to re-stimulate and plump, completely revitalising the appearance of the skin. Fine lines and wrinkles that become more obvious with age are softened and the skin is flooded with moisture to ensure the complexion appears naturally radiant and youthful.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes.	£60.00	£58.00

Aroma Expert Lift - Excellence Age Defying Facial

Utilizing the cutting edge of Decléor's skin care development, this incredible treatment restores facial volume with innovative 'lipo-filling' technology. Wrinkles appear to be plumped from within and the contours of the face appear reshaped, leaving skin visibly glowing and feeling firmer.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes.	£60.00	£58.00

Aroma Expert Facial including Vital Eyes is also available

	Beauty Manager	Senior Therapist
1 Hour 30 minutes.	£60.00	£58.00

facial treatments

facial treatments



Decléor Classic Aromatic Facial

A unique, intensive eye treatment that melts away the feeling of tension. The feeling of puffiness and the appearance of dark shadows are reduced and all traces of fatigue are diminished.

Vital Eyes

	Beauty Manager	Senior Therapist
45 Minutes.	£40.50	£36.50

HD Brows

Introducing the must have celebrity brow treatment that anyone can have. HD Brows is a high-precision procedure that transforms even the most over plucked brow into its perfect shape, dramatically enhancing your facial features. Using a mix of brow techniques including tinting, waxing, threading, tweezing and trimming we will create the ultimate brow shape that's tailored to you.

A patch test is required 24 hours prior to your treatment.

	Beauty Manager	Senior Therapist
30 Minutes	£38.00	
45 Minutes	£48.00	

Brows

Eyebrow tinting and shaping are also available.

	Beauty Manager	Senior Therapist
Eyebrow shape	£16.50	£14.50
Eyelash tint	£19.50	£17.50
Eyebrow tint	£14.50	£12.50
Lash/Brow tint	£23.00	£21.00
Eyebrow tint and shape	£20.00	£18.00
Eyelash/Brow tint and shape	£27.00	£25.00

Lash Perfect Eyelash Extension

Semi permanent eyelash extensions, adding length, volume and definition. Lash perfect can give you a special touch of Hollywood glamour or a wide-eyed mascara free look. Lash perfect lashes can last 2-3 months with maintenance every 2-3 weeks.

A patch test is required prior to treatment.

	Beauty Manager	Senior Therapist
2 Hour (including ½ hour top up)	£97.50	£97.50
1 Hour	£56.50	£56.50
30 mins	£31.50	£31.50

Make Up Services

Using Chanel Make up. For a special occasion take the stress out of applying make up by letting us do it for you.

	Beauty Manager	Senior Therapist
Special Occasion Trial 45 Minutes.	£51.50	£51.50
Special Occasion Trial 30 Minutes.	£46.50	£46.50
Make up lesson 1 hour.	£51.50	£51.50

Application of individual false eyelashes 15 minutes
(optional with makeup) £16.50.

eyes and make up

eyes and make up



Indulge yourself in the safest kind of tan.

St Tropez Tan with Body Polish

	Beauty Manager	Senior Therapist
1 Hour	£48.50	£43.50
St Tropez Tan 30 Minutes	£27.00	£25.00

Decléor Deluxe Self Tan with Body Polish

1 Hour	£57.50	£51.50
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Decléor Deluxe Self Tan

30 Minutes	£30.00	£27.00
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Pre and Post Tanning Treatments

Sunrise Face and Body Self-Tanning and Skin Preparing Treatment

Exquisite preparation for the sun. This treatment combines a gentle exfoliation, providing you with ultra soft, silky skin. Pure and natural aromatherapy balms are massaged into your face and body to relax and soothe as well as boost the cells' natural system and stimulate melanin production in readiness for exposure to the sun. The finishing touch to this essential skin preparing treatment is a professional application of the golden self-tan, leaving you positively glowing.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes	£60.00	£55.00

Sunset Face and Body Repairing After Sun Treatment

Created to replenish and soothe sun-exposed skin from top to toe, this unique treatment will prolong your tan, prevent peeling and saturate your skin with a much needed moisture boost. Let your skin delight in the luxurious texture of the after sun balm, massaged into your face and body to soothe and calm. Completed with an application of anti sunburn gel and prolegene gel leaving skin refreshed and revitalised.

Sunrise Face and Body Self-Tanning and Skin Preparing Treatment.

	Beauty Manager	Senior Therapist
1 Hour 15 minutes	£55.00	£51.50



This is the ultimate pampering for your hands and feet. A luxury treatment including exfoliation, hydrating mask, warm booties/ mittens and massage to relax and warm tired hands and feet. Finishing with a polish of your choice.

Luxury Manicure

	Beauty Manager	Senior Therapist
1 hour	£39.00	£36.00

Luxury Pedicure

	Beauty Manager	Senior Therapist
1 hour	£39.00	£36.00

File Cuticle Tidy and Polish

Why not treat yourself to an Express Manicure whilst having your hair done?

Express Manicure

	Beauty Manager	Senior Therapist
30 Minutes	£24.00	£22.00

Express Pedicure

	Beauty Manager	Senior Therapist
30 Minutes	£24.00	£22.00

Geleration

Enhance your own nails with this semi-permanent gel polish. Hailed the three-week manicure, Geleration is a high gloss manicure that will not fade, is chip resistant and all the while protecting the nail.

Geleration File and Polish hands or feet

	Beauty Manager	Senior Therapist
	£27.00	£27.00

Geleration Luxury Manicure

	£40.00	£40.00
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Geleration Luxury Pedicure

	£40.00	£40.00
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Geleration Removal

	£10.50	£10.50
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Please bring flip-flops when having a pedicure and allow a minimum of 15 minutes for drying time.

hands and feet

Lycon Waxing

Lycon Precision Waxing delivers superior results, removing stubborn hairs as short as 1mm. At the same time providing a nurturing and skin conditioning treatment on even the most sensitive of skins.

	Beauty Manager	Senior Therapist
Full leg including bikini	£37.00	£35.00
3/4 leg	£27.00	£25.00
1/2 leg	£21.50	£19.50
Bikini	£14.50	£12.50
Brazilian	£27.00	£25.00
Hollywood	£36.00	£36.00
Underarm	£14.50	£12.50
Forearm	£15.00	£15.00
Lip/chin	£19.50	£17.50
Lip	£14.50	£12.50
Chin	£14.50	£12.50
Eyebrow	£16.50	£14.50
Nose	£16.50	£14.50

Men's Waxing

Lycon Precision Waxing delivers superior results, removing stubborn hairs as short as 1mm. At the same time providing a nurturing and skin conditioning treatment on even the most sensitive of skins.

	Beauty Manager	Senior Therapist
Back	£25.00	£23.00
Chest	£24.50	£22.50
Eyebrow	£16.50	£14.50
Shoulders	£15.00	£13.00
Nose	£16.50	£14.50

Electrolysis

Electrolysis is a safe and effective form of permanent hair removal. A consultation is advised before booking any electrolysis treatment.

waxing and electrolysis



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